

# SENIOR SOARCE

P.O. Box 1603, Frederick, MD 21702 • 240-575-9665 • [www.soarfrederick.org](http://www.soarfrederick.org)

**SOAR of Frederick's Monthly Newsletter**

“ In February, let love be your guide and happiness your destination.  
– Unknown ”

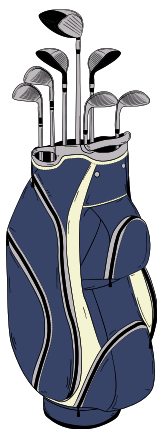
*Save the Date*

## Fore for SOAR Annual Golf Classic

**Friday, May 9, 2025**

**Musket Ridge Golf Club  
3555 Brethren Church Road  
Myersville, MD 21773**

**Plan to join us!**



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# SOAR's Impact for January

## Food & More Program

- 74 seniors on a bi-monthly basis
- 52 volunteer shoppers
- 28 seniors received weekly produce

## Transportation Program

- 53 transports provided to doctor's appointments and other essentials - groceries and banking

## Medical Equipment Center

- 29 pieces of equipment were donated
- 5 pieces of equipment distributed

## Emergency Assistance

- 21 seniors assisted



SOAR has created an Amazon.com list of essential needs for low-income seniors. If you are interested in helping us provide these items, use this link



<https://a.co/hpxjKcR>

**Thank you to "CE" and to the anonymous individual that donated 4 cases of boost and supplies in January!**

## WANT TO JOIN OUR MISSION?

**Consider Volunteering:**  
**APPLY HERE**

or

**LEARN MORE** about our various volunteer opportunities

**Know A Senior in Need?**  
**REFER HERE**

The individual *must* be 65+, live in Frederick County, and income below 2,100/month or 3,000/month for couples.

**Consider Donating:**  
**DONATE HERE**

We are truly grateful for any contribution made towards making our vision a reality for Frederick's seniors!

# United Way of Frederick County Unity Campaign

Each year, the Unity Campaign supports more than one out of every three households in Frederick County that struggle to afford basic human necessities. SOAR is a non-profit participating in the Unity Campaign on behalf of low-income seniors living in Frederick County. Please consider a donation this year to the SOAR campaign!



[Unity Campaign](#)

Text to Give Code:

**Text UnityFC25178 to 71777**

Msg & data rates may apply



# Monthly Senior Resource & Education Seminars



**\*\* No seminars in February\*\***  
winter break  
Seminars will resume in  
March 2025



**Please SAVE the DATE!**

The SOAR Senior Resource & Education Fair will be held on **Thursday, May 29, 2025** at Frederick Community College.

This will be the 4th year for this annual event.



## Resource information - Power Saver Retrofits Program

For low- to moderate-income households, the Power Saver Retrofits (PSR) program provides a free assessment of a home's energy use and what improvements might be made to conserve energy- and lower energy bills! Then, work can be performed to stop drafts, reduce electricity or heating fuel use, and other environmental improvements- all at NO COST to the home's occupants or owners.

For more information, eligibility guidelines and to apply -  
<https://frederickcountymd.gov/7575/Helping-Homes-Save-Energy-Costs>

call 301-600-1416 or email PSR@FrederickCountyMD.gov

# Volunteer Spotlight

## Kathy Parker



Kathy has been volunteering in the SOAR office since July 2023. Kathy is here first thing on Monday mornings - answering phones, taking applications, organizing and tracking supplies, doing data entry, among other tasks! Thank you, Kathy, for your dedication to helping us in the office and older adults in the community!

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## Senior Showcase

SOAR helped a 68 year old recent widow who was overwhelmed with navigating household expenses since her husband died a few months ago and handled all financial matters. SOAR paid a portion of her electric bill and balance of her water bill.

# United Way of Frederick County's **VITA PROGRAM**



CALL 211 OR 866-411-6803 TO MAKE YOUR APPOINTMENT TODAY!

**TAX SEASON: JANUARY 27 - APRIL 15**

The Volunteer Income Tax Assistance (VITA) program offers FREE tax return preparation for qualified individuals who had income less than \$67,000 in 2024. We are committed to helping our ALICE neighbors with low and moderate incomes receive the refunds and tax credits they deserve.

**BERNARD W. BROWN COMMUNITY CENTER**  
629 North Market Street, Frederick, MD 21701

## VITA SITES OFFER FREE TAX HELP TO PEOPLE WHO NEED ASSISTANCE IN PREPARING THEIR OWN TAX RETURNS, INCLUDING:

- People who generally make \$67,000 or less
- Persons with disabilities; and
- Limited English-speaking taxpayers

VISIT OUR WEBSITE FOR  
MORE INFORMATION, OR  
TO GIVE AT



## WHAT DO I BRING TO MY TAX APPOINTMENT?

- Proof of identification (photo ID)
- Social Security cards for you, your spouse and dependents
- An Individual Taxpayer Identification Number (ITIN) assignment letter may be substituted for you, your spouse and your dependents if you do not have a Social Security number
- Birth dates for you, your spouse and dependents on the tax return
- Wage and earning statements (Form W-2, W-2G, 1099-R, 1099-Misc) from all employers
- Interest and dividend statements from banks (Forms 1099)
- Health Insurance Exemption Certificate, if received
- A copy of last year's federal and state returns, if available
- Proof of bank account routing and account numbers for direct deposit such as a blank check
- To file taxes electronically on a married-filing-joint tax return, both spouses must be present to sign the required forms
- Total paid for daycare provider and the daycare provider's tax identifying number such as their Social Security number or business Employer Identification Number
- Forms 1095-A, B and C, Health Coverage Statements
- Copies of income transcripts from IRS and state, if applicable
- 



# VITA PROGRAM

## EARNED INCOME TAX CREDIT (EITC) TABLE:

- To claim EITC you must have what qualifies as earned income and meet certain adjusted gross income (AGI) and credit limits for the current, previous and upcoming tax years.
- Earned income includes all the taxable income and wages you get from working for someone else, yourself or from a business or farm you own.

CHILDREN OR RELATIVES CLAIMED	FILING AS SINGLE, HEAD OF HOUSEHOLD, MARRIED FILING SEPARATELY OR WIDOWED	FILING AS MARRIED FILING JOINTLY
Zero	\$18,591	\$25,511
One	\$49,084	\$56,004
Two	\$55,768	\$62,688
Three	\$59,899	\$66,819

## TYPES OF EARNED INCOME:

- Wages, salary, or tips where federal income taxes are withheld on Form W-2, box 1
- Income from a job where your employer didn't withhold tax including:
  - Driving a car for booked rides or deliveries
  - Running errands or doing tasks
  - Selling goods online
  - Providing creative or professional services
  - Providing other temporary, on-demand or freelance work
- Money made from self-employment, including if you:
  - Own or operate a business or farm
- Certain disability benefits received prior to minimum retirement age
- Nontaxable Combat Pay

**CALL 211 OR 866-411-6803 TO MAKE YOUR APPOINTMENT TODAY!**

## Did you know?

Through a generous partnership with Frederick Health, SOAR is able to operate a medical equipment center. We accept donated items and then provide items on loan or for permanent use.

Rollators/Walkers, Electric Lift Chairs, Canes, Grab Bars, Sit to Stand, Electric Scooters & Electric Wheelchairs, Hospital Beds, Hospital Bed tables, Hoyer Lifts, Wheelchairs, Stair Glides, Walkers, Ramps, Shower Chairs, Tub transfer benches and much more!





## PARTNER HIGHLIGHT

# Adult Medical Day Care



7819 Rocky Springs Road  
Frederick, MD 21702  
301-696-0808  
301-6961164 (fax)  
TTY/HCO 1-800-735-2258  
director@daybreakadultdays  
ervices.org

Daybreak Adult Day Services exists for the sole purpose of providing a safe, structured environment and a flexible therapeutic program of services and activities with individual plans of care designed to permit older adults of Frederick County to remain in their homes and communities, living as independently as possible, with dignity and a renewed sense of purpose and hope.

110 Thomas Johnson Drive  
Suite 150  
Frederick, MD 21702  
301-250-3555  
info@worldshinegroup.com

Worldshine is a senior care management company with a passion for enhancing seniors' lifestyles through continuous innovations in care. We strive to provide high quality individualized services and specialty care for the elderly dealing with disabilities and dementia.

STAY CONNECTED WITH US!

