

SENIOR SOARCE

P.O. Box 1603, Frederick, MD 21702 • 240-575-9665 • www.soarfrederick.org

SOAR of Frederick's Monthly Newsletter

“March brings breezes loud and shrill, stirs the dancing daffodil.
— Sara Coleridge”

SOAR Receives Top Recognition

The platinum Seal of Transparency from GuideStar is a recognition given to non-profits that demonstrate transparency and share information. It's the highest level of recognition offered by GuideStar, a division of Candid.

The Platinum Seal of Transparency shows the organizations:

- **Goals, strategies and achievements**
- **How the organization's work impacts the community**
- **Quantitative information about results and progress**

Platinum
Transparency
2024

Candid.

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SOAR's Impact for February

Food & More Program

- 74 seniors on a bi-monthly basis
- 52 volunteer shoppers
- 24 seniors received weekly produce

Transportation Program

- 57 transports provided to doctor's appointments and other essentials - groceries and banking

Medical Equipment Center

- 33 pieces of equipment were donated
- 13 pieces of equipment distributed

Emergency Assistance

- 6 seniors assisted



SOAR has created an Amazon.com list of essential needs for low-income seniors. If you are interested in helping us provide these items, use this link



<https://a.co/hpxjKcR>

Thank you to the anonymous individuals for their donations of 8 cases of ensure and 12 packages of incontinent supplies in February.

WANT TO JOIN OUR MISSION?

Consider Volunteering:
APPLY HERE

or

LEARN MORE about our various volunteer opportunities

Know A Senior in Need?
REFER HERE

The individual *must* be 65+, live in Frederick County, and income below 2,100/month or 3,000/month for couples.

Consider Donating:
DONATE HERE

We are truly grateful for any contribution made towards making our vision a reality for Frederick's seniors!

United Way of Frederick County Unity Campaign

Each year, the Unity Campaign supports more than one out of every three households in Frederick County that struggle to afford basic human necessities. SOAR is a non-profit participating in the Unity Campaign on behalf of low-income seniors living in Frederick County. Please consider a donation this year to the SOAR campaign!



[Unity Campaign](#)

Text to Give Code:

Text UnityFC25178 to 71777

Msg & data rates may apply



Monthly Senior Resource & Education Seminars

Educational Seminars resume this month!



Thursday, March 27

1:30PM - 3:00PM

C. Burr Arts Public Library

110 E Patrick Street

Frederick, MD 21701

Please share with the community - free and informative!

Fore for SOAR Annual Golf Classic



Friday, May 9, 2025

Musket Ridge Golf Club

3555 Brethren Church Road

Myersville, MD 21773



CHECK-IN: 7:30 AM | SHOTGUN START:
9:00 AM

18 Holes - 4-person scramble format

**Online only registration deadline -
May 1, 2025**

www.soarfrederick.org

Volunteer Spotlight

Sally Selby



Volunteering since November 2024, Sally has been a bi-monthly grocery shopper for a senior and a consistent weekly pick up and deliverer of fresh produce.

Always cheerful and willing to help, we are grateful for her time and commitment to serving older adults in Frederick County!

Senior Showcase

SOAR helped an 86-year-old gentleman relocating from Texas to

Frederick to be closer to his family.

Unfortunately, during his move here he experienced a significant loss in his family, which put a strain on his finances.

He had some furniture for his new apartment but needed a bed as he was sleeping on the sofa. SOAR purchased him a mattress, box spring and bedding.

Thank you

Thank you to Nelson Coleman Jewelers
(11W. Patrick Street, Frederick)
for featuring SOAR as its monthly non-
profit to receive 10% of the sales across
all five of their locations for the month
of March. We are so grateful to them for
their support of our work. If you need
some new jewelry, go visit them and tell
them we sent you!
www.nelsoncoleman.com



THANK YOU

The Elder Services Provider Council (ESPC) and its Board of Directors
presented a \$4,000 donation to Supporting Older Adults through
Resources (SOAR).

Through their Charitable Giving Program, ESPC is committed to
supporting organizations that make a meaningful impact on the lives of
older adults in Frederick County, Maryland.

We are so thankful to the ESPC for their generous grant allowing SOAR to
serve more seniors in need in Frederick County.



PROPERTY TAX CREDIT

About Us:

There are various property tax credits offered by state, county and municipal governments. To obtain information on eligibility requirements and the application process, we encourage everyone to attend a Frederick County Government Tax Credit Seminar.



Session 1
March 12th, 2025
@ 10 am



Session 2
March 18th, 2025
@ 6pm

Cost:

\$ Free

Location:

Virtual Senior Center

Register send email:

VirtualSeniorCenter@FrederickCountyMD.gov



MARYLAND ACCESS POINT

YOUR LINK TO HEALTH & SUPPORT SERVICES

WWW.FREDERICKCOUNTYMD.GOV/DAI

4th Annual

Senior Resource & Education Fair

Presented by SOAR in partnership with Aging Network Alliance & Frederick Community College
In recognition of **Older Americans Month**, we are pleased to host this **FREE** event open to seniors, family members, caregivers and professionals.—
This year's theme via Older Americans Month is **"Flip the Script on Aging"**



10am-11am: Visit with senior services professionals

11am: Keynote speaker

11:30am: Lunch will be served

11:30am-1pm: Visit with senior services professionals

No Registration is Required!

**Frederick Community College Athletic Center
7932 Opossumtown Pike
Frederick, MD 21702**

Door Prizes!



FREE Honey Baked Ham boxed lunches for the **first 200** attendees
Lunch will be served at 11:30am

Keynote speaker

Dr. Sue Paul, Occupational Therapist/
Healthy Aging Visionary
"The Keys to Longevity"

Visit with 70 professional exhibitors to receive education & resources

- Therapy Services
- Health & Wellness
- Recreation
- Aging at Home Services
- Senior Navigation Services
- FREE & Low Cost Community Services
- Medicare
- Moving/Downsizing
- Transportation
- Wills, Estates, & Trusts
- Retirement Planning
- Retirement Living Options



For more information or questions, please contact SOAR
SeniorFair@soarfrederick.org www.soarfrederick.org

PARTNER HIGHLIGHT



Enjoy phone calls again with CaptionCall's caption phone service for Deaf and hard-of-hearing people who need captions for phone calls.

CaptionCall is available for landline and mobile use and has no cost for people whose hearing loss makes captions necessary to use the phone. It's the #1 phone call captioning service in America. Its practical features make it among the best captioned phones on the market.

The CaptionCall landline phone captioning service has several features that make it an ideal senior phone option:

- Hearing aid compatible
- Smooth scrolling captions (thanks to SilkScroll® technology)
- Adjustable settings
- Saved conversation and voice message transcripts
- Stored contact list
- Caption 911 calls
- English and Spanish captions

For more information visit -
<https://sorenson.com/captioncall/>

STAY CONNECTED WITH US!

