

SENIOR SOARCE

P.O. Box 1603, Frederick, MD 21702 • 240-575-9665 • www.soarfrederick.org

SOAR of Frederick's Monthly Newsletter



We envision a world where older adults feel loved, respected, and recognized for all they have done for their families and community. Until then, our mission is to do all we can to help and support them to live their lives.

JOIN US! FORE for SOAR Golf Classic



Friday, May 9, 2025

Musket Ridge Golf Club

3555 Brethren Church Road

Myersville, MD 21773

Details: www.soarfrederick.org

Registration deadline May 1, 2025

Know A Senior in Need?

[REFER HERE](#)

The individual *must* be 65+, live in Frederick County, and income below 2,100/month or 3,000/month for couples.

Consider Donating:

[DONATE HERE](#)

We are truly grateful for any contribution made which allows us to serve our Frederick's seniors in need!

SOAR'S Impact for March

Food & More Program

- 72 seniors on a bi-monthly basis
- 50 volunteer shoppers
- 38 seniors received weekly produce

Transportation Program

- 81 transports

Medical Equipment Center

- 15 pieces of equipment were donated
- 5 pieces of equipment distributed

Emergency Assistance

- 24 seniors assisted



Senior success story

An 84-year-old gentleman living on \$961.00/month was living in a home with a shared bathroom and kitchen. An affordable private apartment was located and he needed assistance with the security deposit allowing him to spend his remaining years in his own space. SOAR along with St. Vincent DePaul and Beyond Shelter collectively paid his security deposit.

SOAR has created an Amazon.com list of essential needs for low-income seniors. If you are interested in helping us provide these items, use this link. THANK YOU!

amazon
<https://a.co/hpxjKcR>

Senior Resource & Education Seminars

SOAR and the Aging Network Alliance in partnership with Frederick County Public Libraries provide FREE monthly seminars. Seniors, family members, caregivers and professionals are encouraged to attend to learn more about the available resources in Frederick County. Registration is NOT required. These seminars are interactive, and time will be allotted for questions.



April 24, 2025
1:30 - 3:00pm
Brunswick Library
915 N. Maple Avenue, Brunswick, MD



May 29, 2025 - SENIOR RESOURCE & EDUCATION FAIR
(see next page for details)



June 26, 2025
1:30 - 3:00pm
Emmitsburg Library
300 South Seton Ave., Emmitsburg, MD



July 31, 2025
1:30 - 3:00pm
Middletown Library
31 East Green St., Middletown, MD



4th Annual

Senior Resource & Education Fair

Presented by SOAR in partnership with Aging Network Alliance & Frederick Community College
Co-Sponsored by The Frederick News-Post & Frederick County Division of Aging & Independence
In recognition of **Older Americans Month**, we are pleased to host this **FREE** event open to seniors, family members, caregivers and professionals.

This year's theme via Older Americans Month is **"Flip the Script on Aging"**



10am-11am: Visit with senior services professionals

11am: Keynote speaker

11:30am: Lunch will be served

11:30am-1pm: Visit with senior services professionals

No Registration is Required!

Frederick Community College Athletic Center
7932 Opossumtown Pike
Frederick, MD 21702

Door Prizes!



FREE Honey Baked Ham boxed lunches for the **first 200** attendees
Lunch will be served at 11:30am

Keynote speaker

Dr. Sue Paul, Occupational Therapist/
Healthy Aging Visionary
"The Keys to Longevity"

Visit with 70 professional exhibitors to receive education & resources

- Therapy Services
- Health & Wellness
- Aging at Home Services
- Senior Navigation
- FREE & Low Cost Community Services
- Medicare
- Moving/Downsizing
- Transportation
- Wills, Estates, & Trusts
- Retirement Planning
- Retirement Living Options

Frederick County Sheriff's Office will be offering information on SCAMS and accepting EXPIRED or UNUSED MEDICATIONS

For more information or questions, please contact SOAR
SeniorFair@soarfrederick.org www.soarfrederick.org



Giving Thanks



Through the generous contributions of the following individuals and organizations, SOAR raised \$70,900.00 in the Unity Campaign!

Kevin Hessler
 J.D. Shuman
 Andrew Jeanneret
 Helen Wisner
 Galen Clagett
 Sarah McCullough
 Kayleigh Schultz
 Lori Larson
 Janice Deiuliis
 Beth Richards
 PJ Nicholson
 Lisa Flannery
 Thomas Clagett
 Gayle Petersen

William E Cross Foundation
 Charles Jenkins
 Rebecca Reickel
 Abby Mann
 Katie Darr
 Terri Lemere
 Mindy & Matthew Hinz
 Greg & Carol Chatfield
 Tracey McPherson
 Daphne McKee
 Katie Triplett
 Mary Benford
 Lori van Gemert
 Laura Kennedy

Judith Riley & Mark Lancaster
 Debbie Savageau
 Leslie Ruby
 Mary Ann Buckley
 Sally Kay Livingston
 Dan & Sharon Kuebbing
 Ronald & Linda Volpe
 Peggy & Ed Haser
 Maria Lewis
 Judy Riley
 Friends of Carroll Creek Urban Park,
 Inc.
 Rebecca Full
 Leslie Schultz



THE ELDER SERVICES PROVIDER COUNCIL granted SOAR \$4000.00 to help with our growing Food Program serving our seniors in need.

THANK YOU ESPC members!



The Boats on the Creek – The Jolly Roger (Kevin and Jeanne Hessler’s boat) raised \$4500.00 for SOAR. Kevin donated another \$500 for a total of \$5000.00! Our heartfelt gratitude to Kevin & Jeanne!



FREE Medical equipment for loan OR Permanent use

Did you know?

Through a generous partnership with Frederick Health, SOAR operates a medical equipment center. We accept donated items and then provide items on loan or for permanent use.

Rollators/Walkers, Electric Lift Chairs,
Canes, Grab Bars, Sit to Stand,
Electric Scooters & Electric Wheelchairs,
Hospital Beds, Hospital Bed tables,
Hoyer Lifts, Wheelchairs, Stair Glides,
Walkers, Ramps, Shower Chairs,
Tub transfer benches and much more!



Upcoming Events

THE GOLDEN GALS OF SUMMER



EVENT DETAILS:

DATE: Saturday, May 24th, 2025

CHECK-IN TIME: 10:45 AM |
Carroll Creek Linear Park (near
the Community Bridge)

STOPS: A Few of Frederick's
favorite watering holes

FINAL STOP AND AWARDS:
Steinhardt Brewing Company |
After Party Included!

THE GOLDEN GALS OF SUMMER: A Golden Girls Bar Scavenger Hunt!
PICTURE IT: Downtown Frederick.

Teams of up to 4 players will adventure through Frederick's best bars,
tackling outrageous Golden Girls-inspired challenges and
collecting points along the way.

Frederick Vintage Events & Nevermore Weddings and Events, LLC

TICKET OPTIONS (Teams of up to 4 Players):

**VIP Ticket - \$195 (Includes entry for 4 players, 4 exclusive event T-shirts,
and a swag bag filled with goodies even Blanche would be proud of!)**

**General Admission - \$100 (Includes entry for 4 players
(because friendship is priceless!))**

With Proceeds to The Frederick Center & SOAR

QUESTIONS: Jennifer@nevermoreevents.com

STAY CONNECTED WITH US!

