


SENIOR SOARCE

Supporting Older Adults through Resources, Inc.

P.O. Box 1603, Frederick, MD 21702 • 240-575-9665 • www.soarfrederick.org

OCTOBER Newsletter



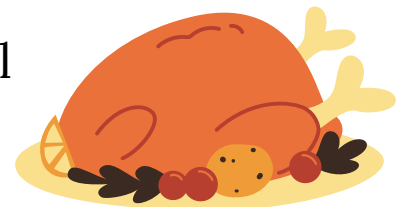
SOAR's mission is to improve the quality of life for low-income seniors living in Frederick County, Maryland.

SOAR's Annual Holiday Meal Program



SOAR provides FREE holiday meals for low-income seniors aged 65 or older, living in Frederick County, MD (with an income less than \$2,100/month for an individual or \$3,000/month for a couple). Meals are for seniors that are homebound and/or would otherwise not be able to celebrate with family or friends. Holiday meals are fully prepared and ready to heat and eat.

For more information, please call
(240) 575-9665.



Know A Senior in Need?

REFER HERE

The individual *must* be 65+, live in Frederick County, and income below \$2,100/month or \$3,000/month for couples.

Consider Donating:

DONATE HERE

Help us make a difference in the lives of low-income seniors in Frederick County.
Your support matters more now than ever.

SOAR'S Impact for September

Food & More Program

- 54 seniors on a bi-monthly basis
- 57 volunteer shoppers
- 32 seniors received weekly produce
- 21 seniors received monthly shelf stable food



Transportation Program

- 125 transports provided

Medical Equipment Center

- 42 pieces of equipment were donated
- 20 pieces of equipment distributed

Seniors Served

- 102 seniors assisted

Mission Moment

Mrs. X. is an 84 year old widow who has no family living in the area. With her monthly income of less than \$980, participating in SOAR's Food and More Program has given her the assurance that she will have nutritious, fresh food delivered to her home twice a month by one of SOAR's volunteers. She also receives fresh produce delivered weekly through the produce program. Mrs. X. suffers from advanced macular degeneration, so having easy foods to prepare is a big help to her. She also participates in our Transportation Program, which provides safe and timely rides to doctor and specialist appointments when needed.

SOAR has created an Amazon.com list of essential needs for low-income seniors.

If you are interested in helping us provide these items, please use this link.

THANK YOU!



[SOAR's Amazon Essential Needs List](#)

Giving Thanks

Monthly Giving



Patricia Cash

Kathryn Edelen

Lori Van Gemert

Paileen Gilbert

Mark & Angela Mayer

Steven & Eileen McLaughlin

Robin & Chris Reeder

September Donors

Michael Anis

Barbara Brewster

Nancy Haller

Keith Nixon

Rotary Club of Frederick

Niki West

Rio Woodard

Deborah Young

Platinum
Transparency
2025

Candid.

Giving Thanks

Summer Donors

Rita Brew

The Mark and Susan Butt Saturday Mornings Fund of
The Community Foundation of Frederick County

Jennifer Carpenter

Frederick County Senior Recreation Council

The Kevin and Jeannie Hessler Fund of
The Community Foundation of Frederick County

Mt. Pleasant United Methodist Church

The Philip Rauh Family Endowment Fund of
The Community Foundation of Frederick County

Rebecca Reickel

Charlene Rippeon

RS Will Wealth Management

St. Peter the Apostle Roman Catholic Church

Platinum
Transparency
2025

Candid.



Giving Thanks

SOAR is on the move around town! We are so grateful for the generous donation of a van so that we can transport clients.

Thank you to
Mark and Susan Butt for the donation of a
2017 Chrysler Pacifica for our transportation needs.

We would also like to thank the Rotary Club of Frederick for a \$7,000 donation that will allow us to insure and operate this van for transporting our clients. This donation will help us to offset costs associated with transportation.

We are so appreciative of these transformative gifts that will help SOAR add to our transportation program to serve over 120 seniors relying on us for their transportation needs.

SOAR is looking for compassionate volunteer drivers for our transportation program. If you are interested in volunteering, please apply [online](#).



Free Medical Equipment for loan or permanent use

Did you know?

Through a generous partnership with Frederick Health, SOAR operates a medical equipment center. We accept donated items and provide them to individuals as needed, for loan or permanent use.

Rollators, Electric Lift Chairs, Grab Bars, Sit to Stand, Electric Scooters & Electric Wheelchairs, Hospital Beds, Hospital Bed tables, Hoyer Lifts, Wheelchairs, Stair Glides, Ramps, Tub transfer benches, and more!



Meet our team

Leslie Schultz, Founder/Executive Director

Stephanie McGovern, Food Program & Volunteer Coordinator

Lori Larson, Program Assistant

Maggie Clingman, Development Coordinator

Meet our Board of Directors

Executive Board

Judy Lancaster, President

JD Shuman, Vice-President

Andrew Jeanneret, Treasurer

Rebecca Full, Secretary

Board members

Leigh Cadle, Board member

Angela Mayer, Board member

Susan Butt, Board member

Interested in volunteering?

Join our team of dedicated volunteers and help make a lasting impact in the lives of low-income seniors.

Apply [here](#) to volunteer with SOAR.

STAY CONNECTED WITH US!

