


SENIOR SOARCE

Supporting Older Adults through Resources, Inc.

P.O. Box 1603, Frederick, MD 21702 • 240-575-9665 • www.soarfrederick.org

February 2026 Newsletter



SOAR's mission is to improve the quality of life for low-income seniors living in Frederick County, Maryland.



Know A Senior in Need? [REFER HERE](#)

The individual *must* be 65+, live in Frederick County, and income below \$2,100/month or \$3,000/month for couples.

Consider Donating: [DONATE HERE](#)

Help us make a difference in the lives of low-income seniors in Frederick County.
Your support matters more now than ever.

Mission Moment

“I highly appreciate your kind care and help. May God Bless You abundantly.”

Last month, a senior who reached out to SOAR for assistance was facing multiple challenges. In his late seventies, he had recently lost his part time job due to health issues that led to hospitalization and missed work. Living on limited funds, he was having trouble affording food. SOAR was able to enroll him in our Food & More program, and he now has groceries delivered by a dedicated SOAR volunteer twice a month.

Undergoing cancer treatment, he was facing challenges getting to his medical appointments. Previously, he walked or took the bus; however, his health condition made this impossible. Thanks to your support, SOAR’s transportation program was able to take him to many of those important appointments. He is very appreciative of all the assistance that has been provided.

Stories like this are becoming more common. Your support is what makes compassionate, meaningful help possible when it matters most.

January’s Impact at a Glance

Food & More Program

- **64** seniors on a bi-monthly basis
- **54** volunteer shoppers
- **34** seniors received weekly produce
- **23** seniors received monthly shelf stable food

Transportation Program

- **68** transports provided

Medical Equipment Center

- **7** pieces of equipment were donated
- **6** pieces of equipment distributed

Seniors Served

- **160** seniors assisted



Giving Thanks

Your gifts help provide essentials like food, housing support, transportation to medical appointments, and emergency assistance.

Monthly Giving Donors



Michael Boswell

Kathryn Edelen

Paileen Gilbert

Mark & Angela Mayer

Steven & Eileen McLaughlin

Robin & Chris Reeder

Lori Van Gemert

January Donors

Patricia Cash
Margaret Convey



SOAR has created an Amazon.com list of essential needs for low-income seniors.

If you are interested in helping us provide these items, please use this link.

THANK YOU!



[SOAR's Amazon Essential Needs List](#)

Free Medical Equipment for loan or permanent use

Did you know?

Through a generous partnership with Frederick Health, SOAR operates a medical equipment center. We accept donated items and provide them to individuals as needed, for loan or permanent use.

Rollators, Electric Lift Chairs, Grab Bars, Sit to Stand, Electric Scooters & Electric Wheelchairs, Hospital Beds, Hospital Bed tables, Hoyer Lifts, Wheelchairs, Stair Glides, Ramps, Tub transfer benches, and more!



Meet our team

Leslie Schultz, Founder/Executive Director

Stephanie McGovern, Food Program & Volunteer Coordinator

Patty Chopas, Program Coordinator

Maggie Clingman, Development Coordinator

Meet our Board of Directors

Executive Board

Judy Lancaster, President

JD Shuman, Vice-President

Andrew Jeanneret, Treasurer

Rebecca Full, Secretary

Board Members

Susan Butt, Board member

Angela Mayer, Board member

Interested in volunteering?

Join our team of dedicated volunteers and help make a lasting impact in the lives of low-income seniors. Apply [here](#) to volunteer with SOAR.

STAY CONNECTED WITH US!

